



Hello everyone,

This week I have read two stories one about feeling kind and the other about feeling scared.

Please see web links attached.

When I'm feeling Scared: <https://youtu.be/-xVQ6bAf8w4>

When I'm feeling Kind: https://youtu.be/a_4ntjhtKJ4

It was fabulous to see so many of you create wonderful pictures, poems, short stories after listening to the creative visualisation. This weeks activity follows on from that. It is called Nature Picture.

This activity helps to slow down our thinking and practice creative problem solving skills

Materials: anything gathered from a nature walk, glue, paper, pencil, colours.

Instructions:

1. Go on a walk together and gather any nature materials that you find fallen on the ground, or growing freely that looks nice to you.
2. When home, layout the materials on the page that you have gathered.
3. Think about the type of picture you can create and adjust as necessary, when you are happy with it, fix it to the sheet.
4. Pick a name for the picture, describe the place, jump in and explore!

Hope you enjoy.

Mrs Martin

